Mechelen, Belgium

28-29 May 2026

Rooted. Resilient. Ready.
Fundamentals of mental health
nursing driving the future

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Preliminary Scientific Programme

Following the First Round of approved submissions

Nr.	Title
Concurrent Sessions (20 min.) approved by the Scientific Committee	
1	Academic Service Partnership in PMH Nursing
2	Rooted. Resilient. Ready. – Shared Guiding Principles as a Foundation for Professional Psychiatric Nursing
3	From safety to agency: Patients' experiences of a generic model for patient-controlled admission in mental health care
4	In the zone
5	Trauma Recovery Pathways After Gender-Based Violence: Insights From Cognitive Interviews
6	Advanced Practice Nursing in Psychiatric Care in Switzerland: Results of a National Survey
7	Experience and attitude of staff in psychiatric wards at Landspitali University Hospital to intermittent supervision and suicide observation
8	Implementing of CBT in psychiatric inpatient ward: Effect of treatment and experiences by mental health professionals and patients of conversations
9	Family interventions in mental health nursing
10	Barriers, consequences and coping strategies for potential workplace violence in municipal mental health services
11	Social nurse in psychiatry
12	Nursing Work Environments and Patient Safety for Older Adults with Multimorbidity: A Co-created Scoping Review
13	Experiences of Patient-Initiated Brief Admission Among Adolescents in Child and Adolescent Psychiatry
14	Hospitalization Syndrome. A psychological, sociological and neuroarchitectural approach to prolonged Hospitalization including first hand users perspective.
15	Organizational factors of aggression in a psychiatric ward – nursing observations
16	Psikodramanın Hemşirelik Öğrencilerinde Ruh Sağlığının Geliştirilmesine Etkisi: Randomize Kontrollü Bir Çalışma

17	Stress and Sleep in Healthcare Professionals (HeartCore project)
18	Bridging the Gap in Nursing Complexity: Transversal Care for Individuals with Dual Diagnosis
19	The Inner World of Healthcare Professionals: Psychological Resilience, Stress Coping Strategies, and Humor
20	Supporting parents of children and adolescents hospitalized with an eating disorder in mental health care settings – adapt, test and evaluate a support group intervention.
21	Psychiatric Nursing Interventions in German-Speaking Countries: Evidence from a Narrative Review of Randomized Controlled Trials
22	The fully person-driven mixed methods single case study design - A new study design for mental health nursing research
23	Embedding Palliative Care Expertise in Psychiatric Care: Implementation of a Palliative Nursing Consult Service
24	Health care aiming to improve the inpatient treatment and care of adolescents with anorexia nervosa
25	Predictive Role of Psychological Resilience on Disaster Preparedness among Psychiatric Nurses: A Cross-Sectional Study
26	The Silent Crisis: Burnout, Resilience, and Lack of Compassionate Support among Psychiatric Nurses: A Cross-Sectional Study
27	Revealing Ethical Blind Spots through a Co-Created "Wishing Well" Intervention in Acute Psychiatric Care
28	The MAP Across project: feasibility of conducting aggression management training across nursing contexts
29	Strengthening Continuity After Mental Health Crisis: A Psychiatric Nurse-Led Acute Follow-Up Model
30	Young Adults' Recovery as a Double Challenge: A Youth-Sociological Perspective for Mental Health Nursing
31	Could a educational intervention increase confidence and self-efficacy in nursing students before clinical placement?
32	A safety-planning smartphone app for adolescents: implications for psychiatric nurses
33	Why psychiatric nurses need to ask more than once: short-term variability of suicidal ideation in inpatient adolescents
34	Mental Health Concerns Among Canadian Women Veterans with Experience of Homelessness
35	The Effect of Psychodrama Group Therapy on Self-Compassion and Quality of Care in Nurses
36	Building Ethical Infrastructure: A Nursing-Led Case Conference in Forensic Psychiatry
37	The First Contact Counts: The Entrance-Group as Structured Nursing Orientation in Forensic Care
38	Empathy as the foundation of the therapeutic relationship in psychiatric nursing
39	Rape myth, consent, and bystander Intervention: The impact of an educational session on post-secondary students
40	Transition to Parenthood and the Birthing Experience: Reflections from individuals with a history of sexual violence and/or birthing trauma
41	Development and Clinical Implementation of an Aggression Management Care Bundle: An Experience Report
42	Exploring parental agency in the context of youth suicidal behaviour
43	Enhancing Belonging and Mental Well-Being Among Visible Minority Nursing and Psychiatric Nursing Students
44	Supporting International Students' Sexual Health and Well-Being: Insights from a Qualitative Study
45	Chronos and Kairos in Mental Health Nursing: Time as a Source of Hope in Care Relationships
46	The value of co-design in mental health. Learnings from a nationwide, online, multidisciplinary co-design process.
47	Relationship between Attachment Styles, Childhood Trayma and Psychotic Symptoms in Patients with Schizophrenia: Attachment Styles as a Mediating Role
48	Enhancing Recovery in Outpatient Care: Findings From a Group Intervention in the North Denmark Region
49	From Stress to Strength: Growing Through Pressure in Nursing Students' Clinical Placement Experiences
50	Evidence-Based Nursing Interventions for Affective Disorders: Enhancing Self-Efficacy and Promoting Mental Health
51	Navigating the ethical "space in-between" nurses' lived experiences in forensic inpatient care interpreted through Løgstrup's ethical philosophy
52	Compassionate Care Experiences of Nurses in Acute Psychiatric Settings: A Qualitative Phenomenological Study
53	Realising the Unique Impact of Mental Health Nursing: Lessons from Cultural Shifts and Stagnations in Inpatient Care.
54	An integrative review exploring family-engaging health interventions within forensic mental healthcare settings.

55	The Role of Mental Health Nursing in Addressing Addiction and Mental Health Inequities among Black Youth in Canada
56	Anxiety and Depressive Symptom Experiences in the Perinatal Period: Samples of Two Different Countries
57	Healing Through Creativity: The Impact of Self-Compassion-Based Art Therapy on Nursing Students
58	Effectiveness of Cognitive Analytic Therapy
59	Patients' perspectives on Oyster Care: Exploring a new care approach for people with Severe and Persistent Mental Illness
60	One-Minute-Wonder in Psychiatric Nursing: Implementing Microlearning as a Strategy for Knowledge Transfer and Trust-Building in a German Mental Health Setting
61	Relationship between Resilience, Secondary Traumatic Stress and Work-Related Factors among Mental Health Professionals

Workshops (1 hour) approved by the Scientific Committee	
Nr.	**Title**
1	The Power of Dialogue: Resilience, Systems, and Self-Care for Psychiatric Nurses
2	– Co-Leading in Mental Health Research: Lessons from PSYwithUS and Beyond
3	"Tapering with Care: The Role of Advanced Practice Nurses in Antidepressant Deprescribing"
4	Time for a Nursing-Focused Treatment in Psychiatric Outpatient Care: How Can We Co-Create It?
5	'Educating nurse practitioners in Mental Health in their role 'guiding the patient journey' ready to make the difference'
6	Developing Conceptual Competence in Teaching Psychopathology: Integrating Alternative Models in Nursing Education
7	Motivational Interviewing for Loved Ones (MILO): a promising intervention for European caregivers?
8	Intercultural Reasoning as a Driver for Resilient Mental Health Nursing: A Skillslab Using Appreciative Inquiry
9	Beyond Deinstitutionalization: Recovery, Citizenship and Quality of Life for People Experiencing Severe and Persistent Mental Illness
10	The Mental Health Nurse Role in Identifying Human Trafficking Victims
11	Strengthening Family Involvement in Mental Health Nursing Practice
12	Promoting Mental Health in Children and Adolescents: Is Germany Ready for Discovery Colleges? Insights and perceptions among Mental Health Professionals

Symposium (1 hour) approved by the Scientific Committee	
Nr.	**Title**
1	Nursing care for individuals with suicidal ideation: an interpersonal perspective
2	Reakiro, a care model for persons with severe and persistent mental illness and a persisting death wish
3	Family Engagement in Mental Health Care: How Far Have We Come?
4	Advancing Appropriate Psychiatric Nursing Care: Integrating Family Involvement, Recovery-Oriented Practice and Implementation of Nurse-Led Interventions
5	Ready for resilient roots: improving clinical education
6	The Psychiatric Nursing Specialization Year (PVJ): Bridging Generalistic Training and Advanced Competence in Mental Health Care

	Poster Presentations approved by the Scientific Committee
Nr.	**Title**
1	Patient involvement in forensic psychiatry
2	Implementing Organisational Change Using Implementation Science Tools
3	From local innovation to national application: SAFE app - a digital solution for people who harm themselves and their network.
4	Inequality in collaboration – a qualitative study of relatives experiences of collaboration across the mental healthcare system
5	The attitudes and experiences of postvention/psychosocial supports for first degree family members bereaved by suicide
6	Evidence-based nursing interventions to strengthen self-esteem in adolescents in adolescent psychiatry
7	Ida and Noah's Mother is Receiving ECT
8	Illness management and recovery: insights from a staff training evaluation project
9	Mapping educational gaps in multimorbidity: a scoping review of educational programmes for healthcare professionals addressing severe mental disorders and diabetes
10	Turning walls into windows - a study of crime prevention in forensic mental health
11	Model of personal and substantive professional growth
12	"Creative Resilience: Effects of Art-Based Interactive Workshops on Emotional Awareness, Stress Coping and Assertiveness in University Students"
13	Enhancing Access to Safety: A Resource Guide for Violence Services in Rural, Remote, and Northern Manitoba
14	Putting Heads Together - Implementing an LPT/ED Team Huddle
15	Consistency of Artificial Intelligence Responses with Cyberbullying Guidelines: An Examination from a Nursing Perspective
16	Indigenous Advocacy and Allyship: Expanding the Master of Psychiatric Nursing Curriculum
17	Family Engagement in Forensic Mental Healthcare Settings.
18	Cardiometabolic Health Nursing in Psychiatric Care: A Bibliometric and Thematic Analysis Study
19	The Role of Key Performance Indicators (KPIS) in Enhancing Mental Health Services
20	Building Resilience and Competence in Community Mental Health Nursing: Insights from a Danish Educational Initiative
21	Mapping the Evolution of Stigmatization in Mental Disorders: A Bibliometric Analysis from 1974 to 2024

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